



SST'S Technical Training & Open Play Mondays

- 90 min sessions
- 60 mins of technical training & then 30 mins of small-sided playing
- Technical side of training will include ball skills, 1st touch, passing, controlling & small sided exercises
- Maximum of 18 players per session

**Cost: \$40
each player
per week**

11/23, 11/30, 12/7, 12/14, 12/21

Schedule

4:30 - 6:00 PM: U8s to U9s Boys & Girls

4:30 - 6:00 PM: U10s to U12s Boys & Girls

6:00 - 7:30 PM: U13s to U14s Boys & Girls

6:00 - 7:30 PM: U15s & Up Boys & Girls



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