



SST'S Technical Training & Open Play Mondays

- 75 min sessions
- 45 mins of technical training & then 30 mins of small sided playing
- Technical side of training will include ball skills, 1st touch, passing, controlling & small sided exercises
- Maximum of 18 players per session

Schedule

4:30 - 5:45 pm: 2018s - 2016s Boys & Girls

4:30 - 5:45 pm: 2015s - 2014s Boys & Girls

5:45 - 7:00 pm: 2013s - 2011s Boys & Girls

5:45 - 7:00 pm: 2010s & UP Boys & Girls

**Cost: \$30
each player
per week**

11/24 - 12/1 - 12/8 - 12/15 - 12/22

4:30 - 5:45 pm & 5:45 - 7:00 pm



**The Atlantic Club
Manasquan, NJ**

REGISTER HERE

